

Permanent Cosmetics Post-Treatment

Eyeliner

- Expect light to moderate swelling and redness for 48 hours.
- Ice will be applied in the office for 15 minutes and may be applied later if needed.
- You must use new mascara to avoid contamination.
- No soap to eyeliner for 6 days. It's okay to get them wet in the shower.
- Do not rub or pick the eyeliner.
- Do not dye eyelashes for at least 4 weeks post eyeliner.
- Sleep elevated for the first three nights to avoid additional swelling
- Contact lenses wearers should use glasses for the first three days
- Do not clean, dust, garden, or handle chemicals during your healing
- Any brand of eye drops, or rinsing of the eyes will alleviate dryness
- Avoid facials, swimming in pools, lakes, and whirlpools for 2 weeks.
- Do not use Retin-A, Hydroquinone (bleaching cream), or Glycolic Products while healing for 2 weeks.
- Your eyes will be sensitive to light therefore sunglasses are recommended for your comfort.
- Your eyeliner will fade some by day 6 but will return by day 12.
- A touch-up might be necessary to achieve your desired look.

Eyebrows

- Expect slight swelling, thickness, and/or redness for 48 hours.
- Keep glossed with Aquaphor Ointment for 5 days.
- The color will lighten over the first few days.
- No soap to the brows for 6 days.
- Wash with water and pat dry. Do not rub them with a towel.
- Avoid facials, swimming in pools, lakes, and whirlpools for 2 weeks.
- Do not use any Retin-A, Hydroquinone (bleaching cream), Nia-24 or Glycolic Product while healing for 2 weeks.
- Sunscreen must be used on the eyebrows daily to obtain long lasting color (especially @ the beach, tennis, sporting events etc.).
- A touch-up might be necessary to achieve your desired look.

Lip liner/Lip color

- Expect swelling usually 48 hours.
- Ice may be used for swelling.
- Apply Aquaphor immediately after the procedure and continue this for 6 days. It is very important to heavily coat your lips with Aquaphor the first 2-3 days.
- Do not take Motrin, Advil, or Aspirin for any discomfort. Tylenol is recommended.
- Lips must be moisturized on a daily basis in order to keep the pigment vibrant, especially the first month post procedure.
- After 3-4 days the lips will lighten as the epidermis sloughs off. It will appear that you've lost your color.
- In 12 days the color will gradually become darker and more vibrant.
- Do not use Retin-A, Hydroquinone (bleaching cream), Nia-24, or Glycolic Products while healing for 2 weeks.
- Do not scrub or pick your lips.
- Do not expose your lips to the sun or tanning bed for 2 weeks.
- Avoid swimming in pools, lakes, and whirlpools for 2 weeks.
- It is common to lose some of the color the first application. This is why a touch-up might be necessary.

Special precautions for lips:

- Clients who are on an anti-viral medication must finish their prescription
- Sleep elevated for the first three nights to avoid additional swelling
- Avoid direct or excessive sun exposure for the first 7 to 14 days
- Avoid hot temperature foods and beverages, let them cool down
- Avoid hot, spicy foods for 7 days (jalapenos, chili peppers)
- Avoid acidic drinks or use a straw (tomato, lemon, orange, grapefruit juice)
- Avoid alcoholic drinks or use a straw
- Avoid alcohol in your mouthwash, use 3% hydrogen peroxide

Exfoliation: Do not pick off scabs:

- Scabs will usually appear by the end of the first day
- On the eyebrows they will hardly be visible
- On the eyeliner they will appear as clumped mascara
- On the lips they will look like dry lip tissue
- All scabs will slough off as you apply Vaseline or Aquaphor with your Q-tip
- The color will look lighter where the scab flaked off
- When the lip scab comes off, the lips will look as if they have no color left at all, your lip color will not be visible until day 14 of your healing

Things to avoid for 7 days:

- Excessive exposure to the sun, or tanning beds
- Makeup foundation, pressed or loose powder on the procedure
- On the eyebrows: brow pencil
- On the eyeliner: mascara, liquid or pencil eyeliner
- On the lips: lip pencil or lipstick
- Makeup remover, cleansing cream, or soap on the procedure
- Retin-a, glycolic acid, alpha hydroxy acid on the procedure
- Hair spray on the procedure
- Swimming in chlorine, fresh or salt water
- Jacuzzis, hot tubs, saunas
- Chemical spray/ powders, dust, dirt

Proper care of your procedure during the healing period is essential in order to achieve the best results as well as avoid:

- Loss of color
- Irritation to the skin
- Infection