

Permanent Cosmetics Pre-Treatment

For All Procedures:

- Please come to your permanent makeup appointment wearing your normal make-up. Bring your everyday eyebrow and eyeliner pencils as well as your favorite lipstick color (if you are having your lips done).
- Keep in mind that certain herbal supplements and medications can increase bleeding and swelling, including (but not limited to) aspirin, blood thinners, diet pills, vitamin E, multi-vitamins, niacin, St John's Wart, evening primrose oil, and ginkgo-biloba. Please do not use any of these medications or herbs for at least 24 hours before all procedures. However, **never discontinue a prescription medication without first consulting your physician.**
- Do not take **Aspirin, Vitamin E, Motrin or Advil** at least **3 days prior** to your procedure. Tylenol is preferred during this time.
- Please avoid consuming alcohol the day of the procedure as well, as it can lead to an increase in bleeding and swelling.
- If you are required to take an antibiotic before dental procedures, you will also be required to take one before any permanent makeup procedure.

Permanent Eyeliner:

- **Permanent Eyeliner** patients must **remove contact lenses** before procedure and leave them out for **48 hours** or until the swelling has subsided.
- **Permanent Eyeliner** patients must **NOT** have their **eyelashes tinted** within **1 week** of their procedure.
- If you have not consulted with the technician prior to the day of your procedure, **please wear your make-up as you normally do to your appointment.** This will give the technician an idea of your everyday look and to better realize your expectations.

Permanent Eyebrows:

- Avoid tweezing, waxing or tinting your eyebrows for 48 hours prior and 3 weeks after.
- Electrolysis should not be done for a week prior to a permanent eyebrow procedure.
- Avoid wearing contact lenses to the procedure and for 24 hrs after.
- Bring sunglasses to wear home, as eyes may be sensitive to light.
- Do not tint your eyelashes for 48 hours prior and for one week after procedure.
- If you have had any type of eye surgery recently, consult your physician about the time needed in between the surgery and permanent eyeliner.

Permanent Lip Liner/Fill:

Fever Blisters or Cold Sores are a common side effect of lip liner tattooing. If you ever had a Fever Blister or Cold Sore, taking Valtrex 2 days prior to the procedure, on the day of the procedure and 2 days following the procedure is an absolute requirement.

Alternately, you can take L-Lysine which you can find over the counter at any Drug Store to prevent cold sores. You will need to take L-Lysine for 2 weeks daily before and after your permanent lip liner. If you have had lip filler injections like collagen or Restylane, a 3 week wait time is necessary before getting a lip procedure.